

## 3rd World Congress of Martial Arts and Sports

**Authors' Contribution:**

- A - Study Design
- B - Data Collection
- C - Statistical Analysis
- D - Manuscript Preparation
- E - Funds Collection

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Third World Scientific Congress of Sports and Martial Arts was held on 15-17 October in buildings of Rzeszów University. Organizers of this Project were International Martial Arts and Combat Sports Scientific Society (IMACSSS), Rzeszów University and Association Idokan Poland. Purpose of the congress is meeting of the researchers interested in the issue of sports and martial arts, exchange of theoretical concepts, as well as the exchange of the results of studies in this field [1]. The chairman of the Scientific Committee and the Organizing Committee of the Congress was Prof. Wojciech Cynarski - President IMACSSS.

One part of the congress was scientific conference (theoretical part), which was divided into three session. The first one was about interdisciplinary issues (P1), the second one concerned relation „man- Martial Arts- humanism” (P2) and the third session was dedicated to young scientists who candidate for the prize Young Researcher Award which was related with a variety of scientific disciplines [2]. The results of Polish and foreign research were also presented during the session.

For the second time took place Martial Arts workshops. It was the time for experience exchange, as well as the opportunity to learn the techniques of various sports and martial arts. The workshops were lead by Dr. Mohamad Nizam Mahamed Shapie 8th dan (Malaysia) - silat; Mr Sergio Mor-Stabilini 8th dan (Italy) - Katori Shinto-ryu kobudo (medieval Japanese fencing); Dr. John Slopecki 10 dan (Poland) - Mukashi-to Kindai jujutsu (jujutsu special techniques in self-defense); Dr. Michal Vit 3 dan (Czech Rep.) - Aikibudo CERA (Japanese aikibudo); Doc. Dr. Zdenko Reguli 5th dan (Czech Rep.) - Aikido Aikikai (aikido techniques); GM Vladimir Pilate (Ukraine) - Combat Hopak / Boyovyi Hopak (Cossack dance and fight).



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*Fig 1. Participans Martial Arts shows*

The gala took place after the practical part. There were presented shows of the participants of the congress. It was an important element for the guests, because they had opportunity to watch the world-class athletes / coaches. They could watch people who presented their skills: Dr Gabriel Szajna and a group of Slovak - European historical fencing (sword, rapier and saber), GM Zbigniew Sawicki (Poland) - Signum Polonicum fencing (whips, long sticks and hussar saber), Mr Michael Szczesny (Poland) - Filipinos Doce Pares Cacoy school Eskrima, Mr Maciej Murzyniec 4 dan (Poland) - kendo demonstration (forms and sparring), Sifu Thomas Płaza (Poland) - Chinese dragon dance school Chow Gar kung-fu, Prof. Dr. Sergio Raimondo 5 duan (Italy) - taiji jian (taiji sword), Prof. Dr. Jacek Wąsik 4 dan (Poland) - Taekwondo ITF (self-defense and combat sports), Dr. Jaroslaw Maslinski and Maciej Kostrzewa (Poland) - Judo - throwing techniques, Dr. Mohamad Nizam Mahamed Shapie 8th dan (Malaysia) - silat (techniques and advanced forms , hand- and white arms), Mr Sergio Mor-Stabilini 8th dan (Italy) - Katori Shinto-kobudo ryu (forms of kenjutsu and naginatajutsu) and Sankido karate, GM Vladimir Pilate (Ukraine) - combat Hopak / Boyovyi Hopak, Mr Liu Chang (China) - wushu kung fu, Dr. John Słopecki 10 dan (Poland) - modern jujutsu techniques in self-defense.

Third World Scientific Congress of Sports and Martial Arts was also the Third International Conference of International Martial Arts and Combat Sports Scientific Society (IMACSSS). The Seventh Symposium "Man - Martial Arts - humanism" took place during it, with one plenary session and one parallel (lectures, thematic). The most important lectures were presented by Prof. Fuminori Nakiri, Prof. Stanislaw Sterkowicz, Prof. Pieter and Prof. Willy Wojciech Cynarski.

In Third World Scientific Congress of Sports and Martial Arts took part 120 active participants, , except of invited guests, reviewers of lectures and accompanying persons [3]. In total there were 4 of plenary sessions, 3 parallel lecture sessions, two poster presentations, workshops of martial arts and martial arts gala. From the over 100 works scientific committee accepted 83, qualified them as oral or poster presentations. Conference materials were published in the Abstract Book. IMACSSS Commission headed by Prof. IMACSSS Carlos Gutierrez-Garcia awarded three prizes Young Researcher Awards for Javier Courel Ibanez - in the category of oral presentations / biological and experimental sciences, Chang Liu - in the category of oral presentations / social sciences & humanities, and Matteo Cuchelli - for poster presentations / social sciences & humanities.

## REFERENCE

1. <https://forumakademickie.pl/aktualnosci/2014/10/29/2236/o-sztukach-i-sportach-walki/>
2. [http://wf.ur.edu.pl/Dzialalnosc-naukowa/Konferencje-cykliczne/Combat-Sports/2014csma/2014csmaNews/Abstract-submission-the-new-deadline-\(30th-of-June.aspx](http://wf.ur.edu.pl/Dzialalnosc-naukowa/Konferencje-cykliczne/Combat-Sports/2014csma/2014csmaNews/Abstract-submission-the-new-deadline-(30th-of-June.aspx)
3. <http://wf.univ.rzeszow.pl/Wydzial/Wydarzenia/2014/Trzeci-Swiatowy-Kongres-Sportow-i-Sztuk-Walki.aspx>

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